Good Relationships keep us happier and healthier. Period.

Robert Waldinger

Transformation of Aggression over six decades illuminates new dimensions to solid love relationships.

Wendy Olesker
EDUCATIONAL OBJECTIVES:
As a result of attending the symposium, the participant will be able to: (1) understand the construct of attachment and the main categories of insecure attachment, (2) understand the importance of relationship quality for late life health and wellbeing, (3) become aware of new findings regarding links between late life attachment and cognitive and physical health.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

CONTINUING MEDICAL EDUCATION/CONTINUING EDUCATION
This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Psychoanalytic Association and the Psychoanalytic Center of Philadelphia. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 4.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Continuing Education for Psychologists (CE): The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of Philadelphia maintains responsibility for this program and its content. There is 1 credit approved per hour of programming; 4.0 credits are approved for the entire day. Credits are not offered in half day or partial hour increments.

Continuing Education for Social Workers (CE): In accordance with the requirements of the Commonwealth of PA dated 12/23/06 [49 PA CODE 47–48], the American Psychological Association (APA) is a pre-approved provider for social workers and clinical social workers in the State of Pennsylvania and the Psychoanalytic Center is approved by the American Psychological Association to sponsor continuing education programs. One credit per hour of programming is approved; 4.0 credits are approved for the entire day.

Robert Waldinger, M.D.
Presenter
Dr. Robert Waldinger is a Professor of Psychiatry at Harvard Medical School, Director of the MGH Center for Psychodynamic Therapy, and Director of the Harvard Study of Adult Development, one of the longest longitudinal studies of adult life ever done. His research focuses on the lifetime predictors of healthy adult development, studying 2 groups of men recruited as teenagers from Harvard College and from Boston inner city neighborhoods, and who have been part of the Study for more than 80 years. His 2015 TED talk about the Study has been viewed by more than 30 million people and is one of the 10 most viewed TED talks of all time.

Dr. Waldinger received his undergraduate degree from Harvard College and his MD from Harvard Medical School. He is a practicing psychiatrist and psychoanalyst, and he teaches Harvard medical students and psychiatry residents. He is the founder and co-director of the MGH/McLean Program in Psychodynamics, a program that offers psychiatry residencies in-depth teaching in the theory and practice of psychodynamic psychiatry. He also practices Zen meditation.

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Dr. Wendy Olesker is a Training and Supervising Analyst at the New York Psychoanalytic Institute and on the Faculty at the NYU Postdoctoral Program in Psychoanalysis and Psychotherapy. She is Senior Editor of The Psychoanalytic Study of the Child, President, and for the last 15 years, she is Director of the Postdoctoral Fellowship Program at the New York Psychoanalytic Institute.

In 1975 until 1986 she established and ran, at Montefiore Medical Center, an observational nursery for research on gender differences in early development. From 1991 until 1997 she collaborated with John McDevitt and Anni Bergman in following up the original Mahler/McDevitt babies of the Separation-Individuation Study. For the past ten years she has been involved with further follow-up of eight of the original Mahler babies who have been given the Adult Attachment Interview and other measures and followed through their third decade. It is from her longitudinal research and her analytic experience that she has developed a focus on the developmental process as it impacts understanding the intrapsychic world, the handling of aggression, and love relationships in analytic work with children and adults.

Diana Diamond, Ph.D.
Discussant
Dr. Diana Diamond is a clinical psychologist and psychoanalyst. She is Emerita Professor in the Doctoral Program in Clinical Psychology at the City University of New York, Adjunct Assistant Professor of Psychiatry at the Weill Cornell Medical College, where she is also a senior fellow in the Personality Disorders Institute (PDI). She is also an adjunct professor of clinical practice at the New School for Social Research and a professor at the New York University Postdoctoral Program in Psychotherapy and Psychoanalysis. She is on the faculty of the New York Psychoanalytic Society and Institute (NYPSI).

Dr. Diamond has written widely in the areas of the theory, research and treatment of personality disorders, the relevance of attachment theory and research to psychoanalysis, mental representations, gender and transference, and psychoanalytic approaches to narrative and symbolism in cinema. A graduate of the New York University Postdoctoral Program in Psychotherapy and Psychoanalysis, she is in private practice of psychoanalysis, and individual and couples therapy in NYC.

51st ANNUAL MARGARET S. MAHLER SYMPOSIUM ON CHILD DEVELOPMENT
Saturday, April 25, 2020, 8:00 AM to 1:00 PM
The College of Physicians of Philadelphia
19 South 22nd Street
Philadelphia, PA 19103

Co-sponsored by the Psychoanalytic Center of Philadelphia
The Margaret S. Mahler Child Development Foundation

Attachment, Separation-Individuation and Love: Adaptation Over the Life Cycle

8:00
Registration – Continental Breakfast (Beverages will be available throughout the day)

8:45
Introduction – George M. Wohlreich, MD, MA, DSc (Hon), FCPP
President & Chief Executive Officer, The College of Physicians of Philadelphia, Philadelphia, PA

Professor (Adjunct) of Psychiatry, Temple & University of Pennsylvania Medical Schools

Introduction – William M. Singleton, MD
President, Margaret S. Mahler Child Development Foundation
Faculty, Psychoanalytic Center of Philadelphia

Introduction – Lana Fishkin, MD, Ralph Fishkin, MD
Co-Presidents, Psychoanalytic Center of Philadelphia
Supervising Analysts, Psychoanalytic Center of Philadelphia

Moderator – Lawrence D. Blum, MD
Clinical Associate Professor of Psychiatry, University of Pennsylvania
Training & Supervising Analyst, Psychoanalytic Center of Philadelphia

9:00
WENDY OLESKER, PHD
Training and Supervising Analyst, New York Psychoanalytic Institute, Faculty at NYU Postdoctoral Program in Psychoanalysis and Psychotherapy. Director of Mahler Follow-Up Study

9:15
HOW TRANSFORMATIONS OF AGGRESSION IMPACT LOVE OVER THE LIFE CYCLE
WENDY OLESKER, PHD
Training and Supervising Analyst, New York Psychoanalytic Institute, Faculty at NYU Postdoctoral Program in Psychoanalysis and Psychotherapy. Director of Mahler Follow-Up Study

10:15
WILL YOU STILL NEED ME?: HOW DIFFERENT ATTACHMENTS IN INTIMATE RELATIONSHIPS MAY PROTECT OUR MINDS AS WELL AS OUR HEARTS AS WE GROW OLD
ROBERT WALDINGER, MD
Professor of Psychiatry at Harvard School, Director of MGH Center for Psychodynamic Therapy, Director of Harvard Study of Adult Development

Break

11:15
DISCUSSANT: DIANA DIAMOND, PhD
Clinical psychologist and psychoanalyst. Faculty, New York Psychoanalytic Society and Institute, Emerita Professor in the Doctoral Program in Clinical Psychology City University of New York

11:30
Discussion – Panel and Audience

12:15 – 1:00
Discussion – Panel and Audience
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REGISTRATION FORM
51st ANNUAL MARGARET S. MAHLER SYMPOSIUM ON CHILD DEVELOPMENT
Saturday, April 25, 2020

REGISTRATION FEE – $100.00 (INCLUDES CONTINENTAL BREAKFAST AND BEVERAGES)
Registration fee after March 25, 2020 – $110.00

Residents and Undergraduates – $50.00 (documented proof of status required).

Make checks payable to: “THE MAHLER FOUNDATION” and send with registration form to
Patricia G. Carr, The Mahler Foundation, PO Box 286, Voorhees, NJ 08043 (Phone: 856-600-5673-74)

TICKETS WILL NOT BE ISSUED – BADGES WILL BE HELD AT REGISTRATION DESK

Name:___________________________________________________  Address:___________________________________________________
City, State, Zip:____________________________________________  Phone Number:____________________________________________
Other Phone:______________________________________________  Institution:______________________________________________
Resident or Student At:______________________________________ (Please enclose documentation with ID or letter for student reg.)
Email Address:____________________________________________  We will verify receipt of your registration form by email.